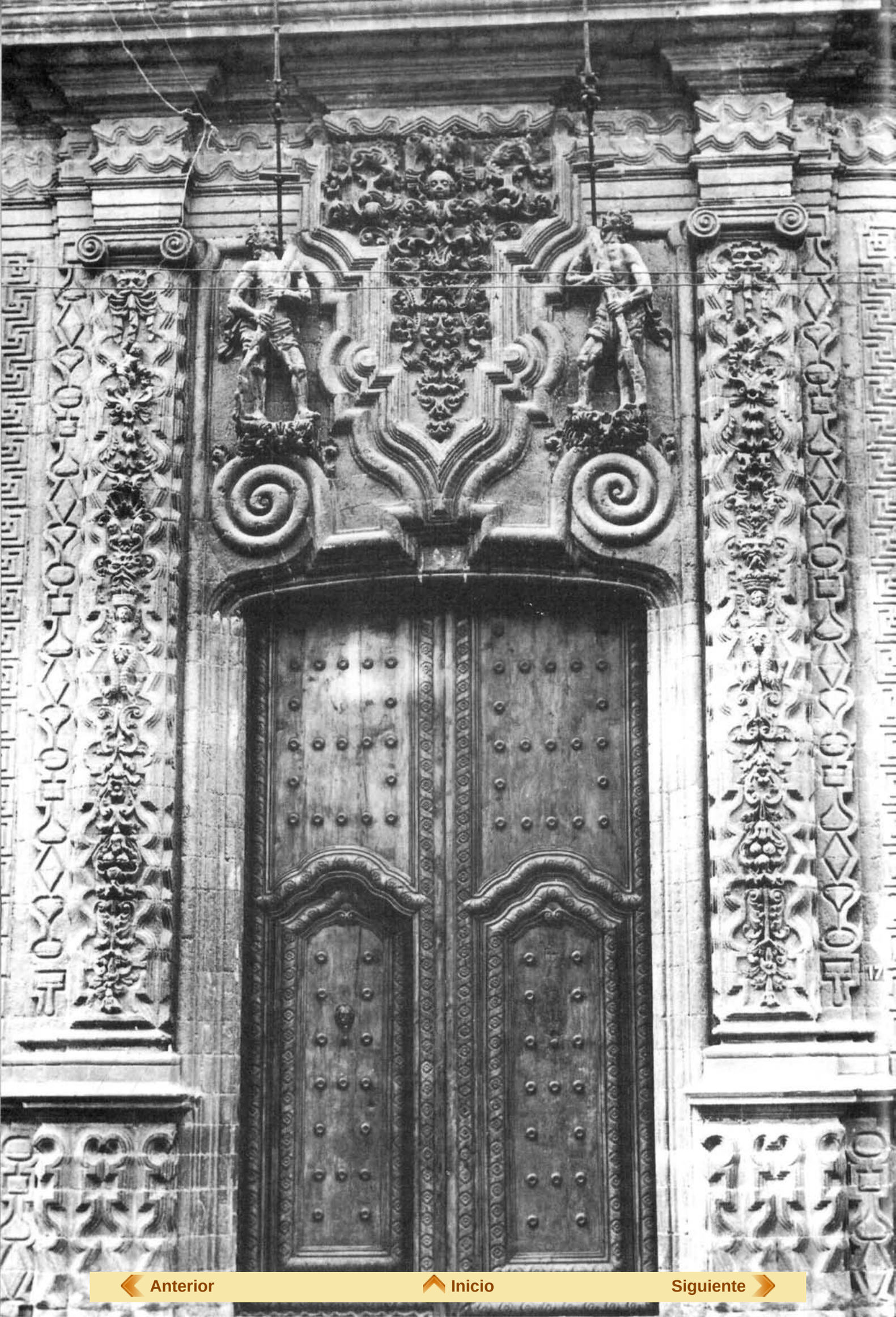ESTUDIOS